

IMPLICIT BIAS IN PRACTICE

WHAT THE LAW REQUIRES—AND WHAT LAWYERS CAN DO

ADR SERVICES, INC. 6TH ANNUAL
COMPLIMENTARY MCLE DAY EVENT

MARCH 3,
2026



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PROGRAM GOALS

→	→	→	→
UNDERSTAND WHAT IMPLICIT BIAS IS	IDENTIFY WHERE BIAS SHOWS UP IN PRACTICE	REVIEW CCP §231.7 CHANGES	APPLY PRACTICAL INTERRUPTION TOOLS

WHAT IS IMPLICIT BIAS?



UNCONSCIOUS, AUTOMATIC MENTAL ASSOCIATIONS

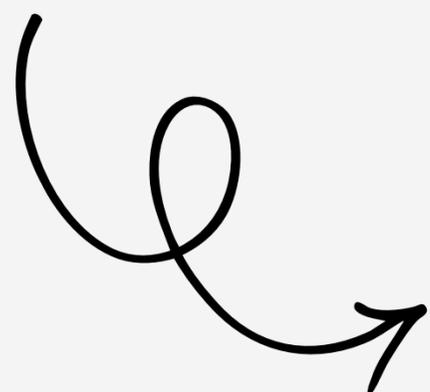
- Operates below awareness
- Rooted in rapid brain processing
- Influenced by culture and experience

OUR GOAL TODAY: RAISE AWARENESS

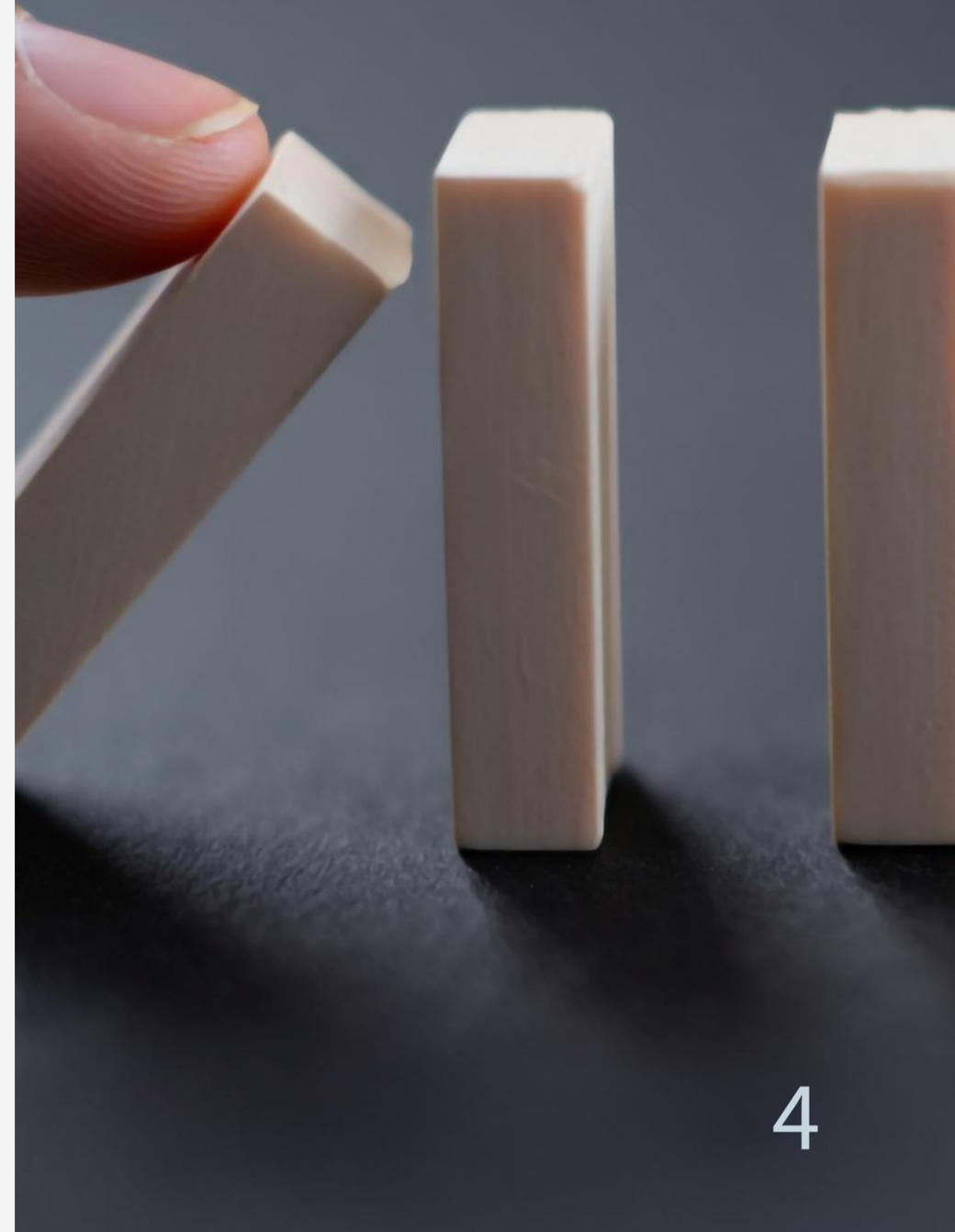
INTENT VS. IMPACT

BIAS IS OFTEN UNINTENTIONAL, BUT

- Impact still matters
- Law increasingly focuses on effect



THIS PROGRAM IS ABOUT **SPOTTING, INTERRUPTING, AND REDUCING IMPACT**—NOT MORAL LABELING.



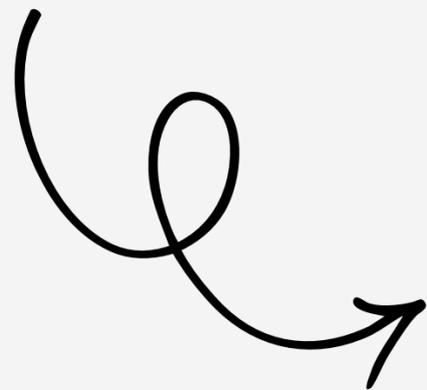
LEGAL FOUNDATIONS AND WHERE THE SYSTEM HAS PUT 'GUARDRAILS'



- Mandatory implicit bias MCLE credit
- Cal-Crim No. 209 / CACI No. 5030 jury instructions as a standalone required instruction
- Judicial training rules
- Civility and State Bar obligations
- Amendments to voir dire statute: CCP 231.7” or “Changes to jury selection rules: CCP 231.7

ORIGINS OF C.C.P. SECTION 231.7

- Enacted in 2020, CCP 231.7 took effect in 2022 for **criminal** trials *only*.
- Shifts away from the traditional Batson/Wheeler framework by eliminating the initial burden on the objecting party to prove purposeful discrimination. Instead, it adopts an objective “reasonable person” standard focusing on the appearance and effect of bias, including unconscious biases.



**CIVIL TRIALS WILL BE SUBJECT TO § 231.7
STARTING IN JANUARY 1, 2026.
SECTION 231.7, SUBDIVISION (E)**

KEY FEATURES OF SECTION 231.7

231.7(a) A party shall not use a peremptory challenge to remove a prospective juror on the basis of the prospective juror's **race, ethnicity, gender, gender identity, sexual orientation, national origin, or religious affiliation**, or the **perceived membership** of the prospective juror in any of those groups.

- Burden is on party exercising the peremptory to justify it with lawful reasons
- Purposeful discrimination need not be shown; designed to reduce implicit, unconscious bias
- Many standard reasons for a strike are presumptively invalid
- Peremptory challenge will be reversed on mere “substantial likelihood” that the juror’s membership in a group was “a factor” in its exercise.

PROCEDURES OF SECTION 231.7

- Challenge to a strike made at earliest possible time; further proceedings outside presence of jury.
- Challenger to a strike identifies the protected group to which juror belongs
- Burden shifts to the party exercising peremptory to provide justification for the strike
- Court can only rule based on justifications provided by the striking party

REMEDIES OF SECTION 231.7

- Quash the jury venire and start jury selection anew. This remedy shall be provided if requested by the objecting party.
- If the motion is granted after the jury has been impaneled, declare a mistrial and select a new jury if requested by the defendant.
- Seat the challenged juror.
- Provide the objecting party additional challenges.
- Provide another remedy as the court deems appropriate.

13 PRESUMPTIVELY INVALID REASONS FOR STRIKE

1. Expressing a distrust of or having a negative experience with law enforcement or the criminal legal system.
2. Expressing a belief that law enforcement officers engage in racial profiling or that criminal laws have been enforced in a discriminatory manner.
3. Having a close relationship with people who have been stopped, arrested, or convicted of a crime.
4. A prospective juror's neighborhood.
5. Having a child outside of marriage.
6. Receiving state benefits.
7. Not being a native English speaker.
8. The ability to speak another language.
9. Dress, attire, or personal appearance.
10. Employment in a field that is disproportionately occupied by members listed in subdivision (a) or that serves a population disproportionately comprised of members of a group or groups listed in subdivision (a).
11. Lack of employment or underemployment of the prospective juror or prospective juror's family member.
12. A prospective juror's apparent friendliness with another prospective juror of the same group as listed in subdivision (a).
13. Any justification that is similarly applicable to a questioned prospective juror or jurors, who are not members of the same cognizable group as the challenged prospective juror, but were not the subject of a peremptory challenge by that party....” ([§ 231.7, subd. \(e\).](#))

BIAS BEYOND JURY TRIALS



Don't think you're off the hook just because you don't do jury trials.

Bench trials, family law, probate, civil

E.g. Bias risks in:

- Credibility assessments
- How parties are addressed (names/pronouns/titles; defaulting to “petitioner/respondent”, or “Mx” as neutral language)
- Tone and “snark” in orders; how language lands

NEGOTIATION & MEDIATION CONTEXT



- Cultural communication differences
- Emotion expression norms
- Silence vs. assertiveness
- Authority signals

BIAS-REDUCING STRATEGIES ATTORNEYS CAN ACTUALLY USE TOMORROW



**SELF-AWARENESS
TOOLS**



**INTERRUPT THE
PATTERN**



**FOSTER A CULTURE
OF FEEDBACK**

SELF-AWARENESS TOOLS

Consider trying a self-awareness test like the Harvard Implicit Association Tests:

<https://implicit.harvard.edu/implicit/takeatest.html>

Implicit Association Test

Next, you will use the 'E' and 'I' computer keys to categorize items into groups as fast as you can. These are the four groups and the items that belong to each:

Category	Items
Good	Attractive, Terrific, Beautiful, Delight, Triumph, Happy, Enjoy, Appealing
Bad	Poison, Awful, Abuse, Horrible, Detest, Rotten, Hurtful, Ugly
Light-Skinned Black People	
Dark-Skinned Black People	

There are seven parts. The instructions change for each part. Pay attention!

[Continue](#)

- | | | |
|--|---|---|
| <p>Race</p> <p>Muslim</p> <p>Sexuality</p> <p>Arab</p> <p>Hispanic</p> <p>American</p> | <p>Transgender</p> <p>Age</p> <p>Skin-tone</p> <p>Weight</p> <p>Gender – Career</p> <p>Native</p> <p>American</p> | <p>Presidents</p> <p>Weapons</p> <p>Disability</p> <p>Asian American</p> <p>Jewish</p> <p>Gender –</p> <p>Science</p> |
|--|---|---|

Results

During the Implicit Association Test (IAT) you just completed:

You were slightly faster at sorting 'Dark-Skinned Black People' with 'Bad' and 'Light-Skinned Black People' with 'Good' than 'Light-Skinned Black People' with 'Bad' and 'Dark-Skinned Black People' with 'Good'

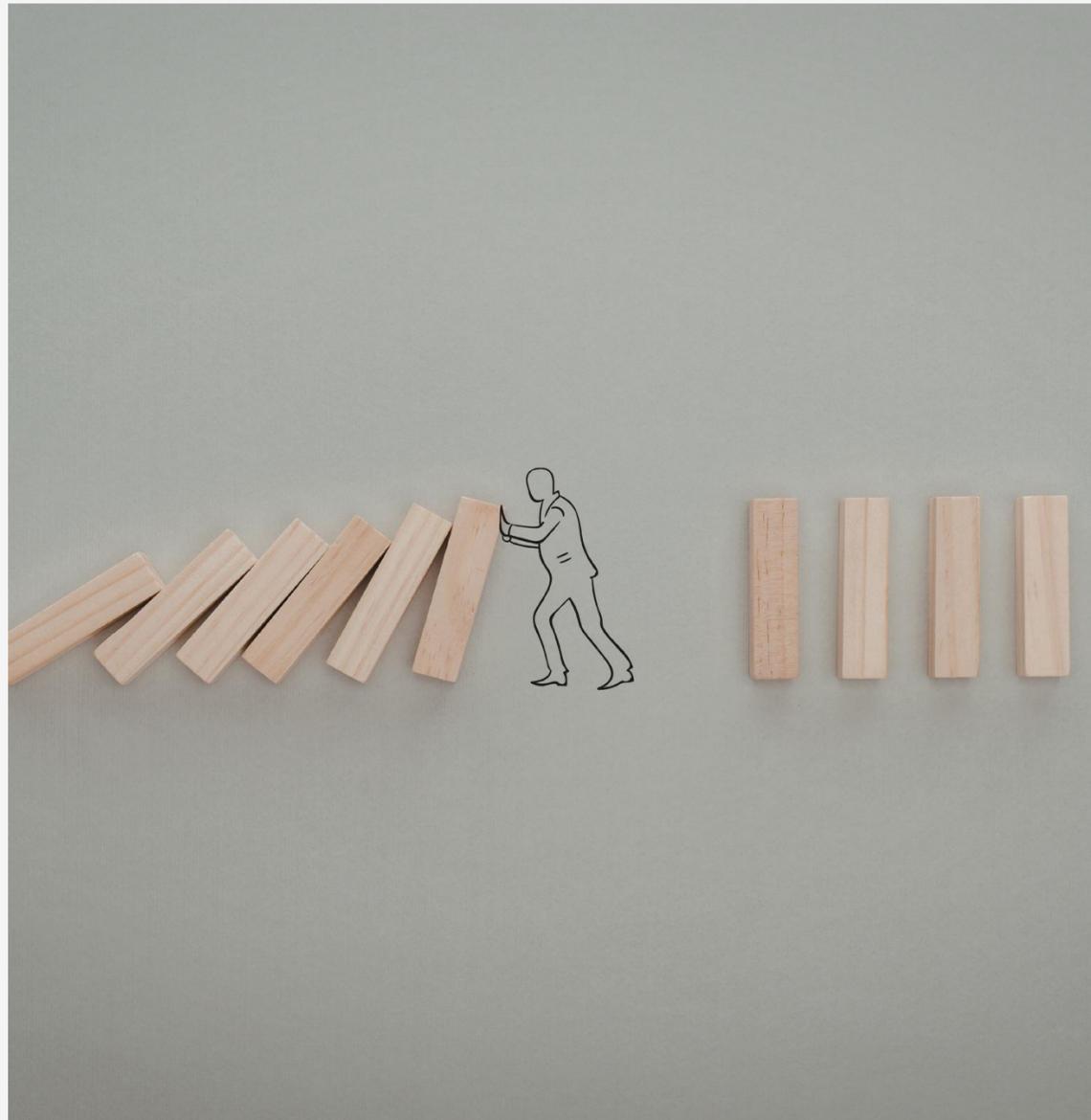
SELF-AWARENESS TOOLS



Some Reflection Prompts:

- “What assumptions did I just make — and on what data?”
- “If I’m wrong, what’s an alternative explanation?”
- “Would I interpret this behavior the same way if the person looked/sounded different?”

INTERRUPT THE PATTERN



Slow down at decision points (jury strikes, credibility calls, settlement valuation)

USE CHECKLISTS:

- “Reason grounded in case facts?”
- “Would I say this reason out loud on the record?”
- “Is the reason tied to a protected category or proxy?”

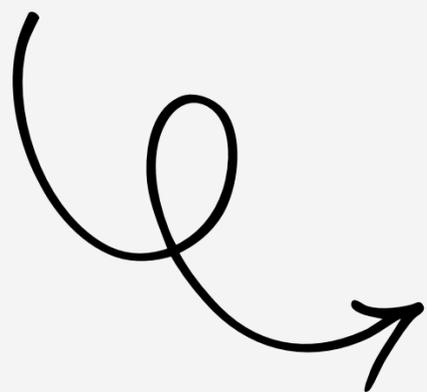
FOSTER A CULTURE OF FEEDBACK



- Invite correction
- Setting norms in teams, mediations, meet-and-confers: “If I miss the mark, tell me.”
- Two-way mentorship examples (kids/staff/younger attorneys) as a practical model
- Reminder: norms change — today’s “in” becomes tomorrow’s outdated

BIAS CAN RUN BOTH WAYS

- Avoid reflexive intolerance; hold “good faith + impact” simultaneously
- Encourage humility and repair



**TAKEAWAY TIP: QUICK CORRECTION +
MOVE FORWARD + TRY NOT TO REPEAT**



THREE CORE TAKEAWAYS



**BIAS IS NORMAL;
IMPACT STILL
MATTERS**



**THE LAW IS MOVING
(CCP §231.7) AND IT'S
A PRACTICE SHIFT**



**YOU CAN INTERRUPT
BIAS WITH CONCRETE
HABITS AND SELF-
AWARENESS**

THANK YOU



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