ADREvolution
ADR Services, Inc.
4th Annual MCLE Day

# UNVEILING IMPLICIT BIAS STRATEGIES FOR DETECTION AND REDUCTION IN THE LEGAL SYSTEM







## AGENDA



01

IMPLICIT BIAS: DEFINED, DISCUSSED

02

IMPLICIT BIAS IN LEGAL SETTINGS

03

REDUCTION OF THE IMPACT OF BIAS

## WHAT IS IMPLICIT BIAS?

"Implicit Bias involves all the subconscious feelings, perceptions, attitudes, and stereotypes that have developed as a result of prior influences and imprints. It is an automatic positive or negative preference for a group based on one's subconscious thoughts"



Source: Department of Justice Community Relations Toolkit



## WHAT IS IMPLICIT BIAS?

#### **SHORTCUTS**

Implicit Biases are shortcuts that our brains create to efficiently function and process information

#### **PROCESSING**

Our brains receive millions of bits of information per second but our conscious minds are processing only a small fraction of this information. Our subconscious is doing the majority of the work.

#### INTERPRETATION

So we made associations, assumptions, judgments and develop feelings and preferences towards some individuals and groups over others

#### **RESULT**

These associations are implicit because we are not aware of them. They come to our minds automatically and without our conscious knowledge.





(5) A judge shall perform judicial duties without bias or prejudice. A judge shall not . . . engage in . . . conduct that would reasonably be perceived as bias,. . . prejudice or harassment.



**Upbringing** 

Family, Friends, Community

**Past Experiences** 

Culture

Background

Exposure to Media

WHERE DO
IMPLICIT
BIASES COME



# TYPES OF IMPLICIT BIAS

THERE ARE MANY TYPES OF IMPLICIT BIAS SUCH AS:

#### STEREOTYPE BIAS

An unconscious association, belief, or attitude toward any social group.

#### **CONFIRMATION BIAS**

Favors information that confirms your previously existing beliefs or biases.

#### **AFFINITY Bias**

Tendency to favor people who share similar interests, backgrounds, and experiences with us.

#### BENEVOLENT BIAS

Limit an individual or group's autonomy by presuming what's best for them.



# WHY DOES IMPLICIT SERVICES BIAS MATTER?

Implicit Bias can influence how we see, feel, remember, "know", make decisions, judge others and act in general.

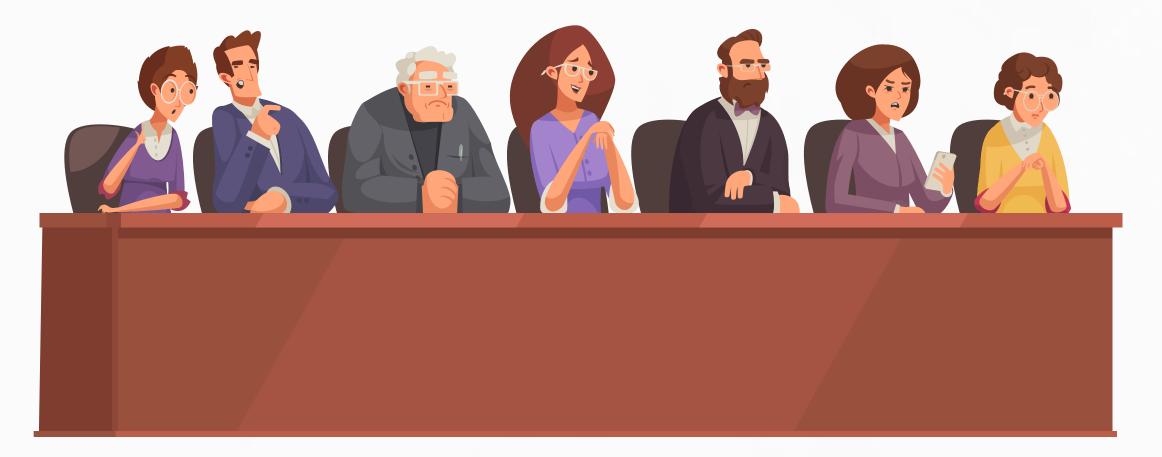
You can act on the basis of stereotypes and prejudice without intending to do so.

These thoughts stick in our minds even when we consciously "know better"



# IMPLICIT BIASES IN LEGAL SETTINGS

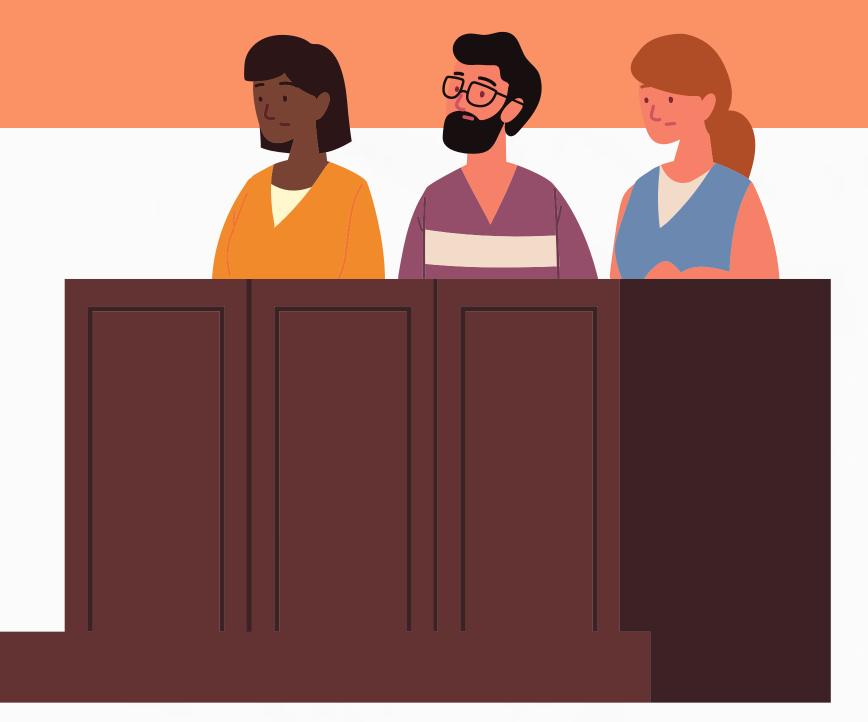
- Jury Selection
- Prosecution and sentencing
- Recruitment and hiring
- Mentoring, work assignments and promotions





## JURY SELECTION

WHAT YOU NEED TO KNOW.





# O.J. SIMPSON CASE

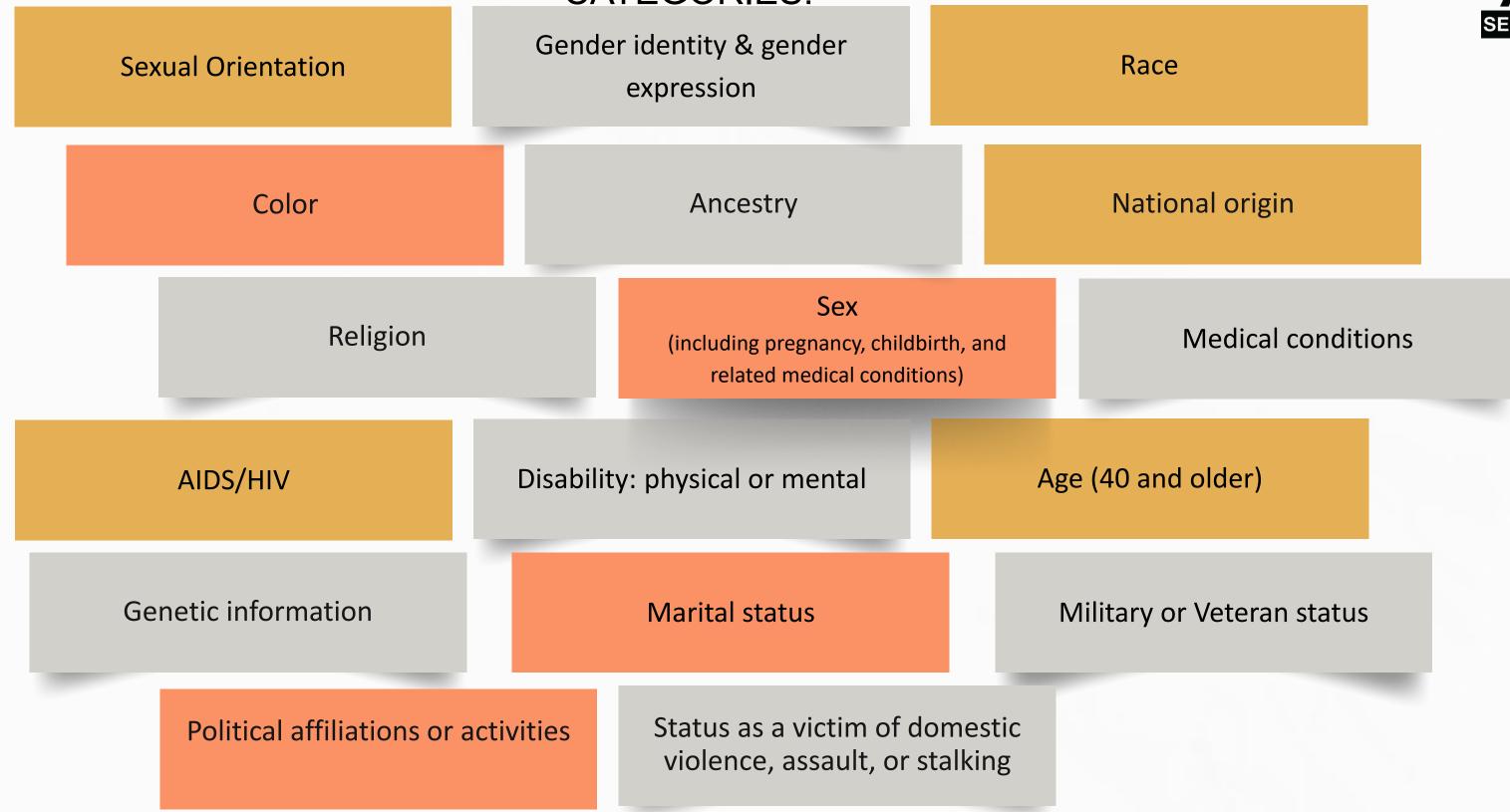




CCP231.7 (a) A party shall not use a peremptory challenge to remove a prospective juror on the basis of the prospective juror's race, ethnicity,[etc.]. or the perceived membership of the prospective juror in any of those groups...

## BASED ON BOTH FEDERAL & CA STATE STATUTES, THESE ARE THE PROTECTED CATEGORIES:







## CCP 231.7 Some presumptively invalid reasons:



- Dress, attire or personal appearance
- Not being a native English speaker
- One's neighborhood
- Close relationship with someone who has been stopped by police
- Having a child outside of marriage
- Lack of employment
- Friendliness with other prospective juror



# WHAT CAN WE DO ABOUT IMPLICIT





# "Nothing can be change until it's faced."

-James Baldwin.





## SELF-AWARENESS

Recognize that having a bias does not mean that one lacks in character, but it does mean one may be incapable of objectivity in certain situations. Challenge stereotypes, norms and your own deeply rooted biases, by identifying them, questioning their origin, seeking out additional information, committing to ongoing learning, and remaining open to feedback.

Always question your first impressions.

Source: CA State Bar Best Practices for Disrupting Biases



SOURCE: CASTATE BAR BEST PRACTICES FOR DISRUPTING BIASES

Take one Harvard's Project Implicit Tests

One well-known instrument is the Implicit Association Test (IAT)





## HIDDEN INJUSTICE: BIAS ON THE BENCH

BY ABA DIVERSITY AND INCLUSION COMMITTEE



## SELF-REGULATION

Ability to control or redirect disruptive impulses, biases, and behavior.

Knowing that one may be subject to bias is one thing; being able to correct it is another.

If you have an emotional reaction to something, stop and pause or think about it. What is the emotion, and why are you triggered?



## WHAT WE CAN DO TO SELF-

REGULATE



Learn your trigger points and strive to set aside personal predispositions, preferences, and attitudes



2

We must accept that we are all the product of environmental factors that are permeated with implicit assumptions and do our best to counteract their prejudicial effects.

3

We all have the personal responsibility to keep our biases in check so as to not harm or prejudice anyone.





If you are impacted by a biased behavior or witness a biased behavior which is impacting someone else: speak up if possible.

Being more empathetic

Don't be a bystander; be an ally!











## DEVELOP CULTURAL COMPETENCY

Openness to different backgrounds, cultures and viewpoints

Expand your network and go
beyond the people that you
normally go to. Find opportunities
to get to know people from
different groups in informal or
social environments (i.e., during
networking events and not during
an interview or client meeting)
and establish common ground.

Be curious and take the time to learn before judging or making assumptions



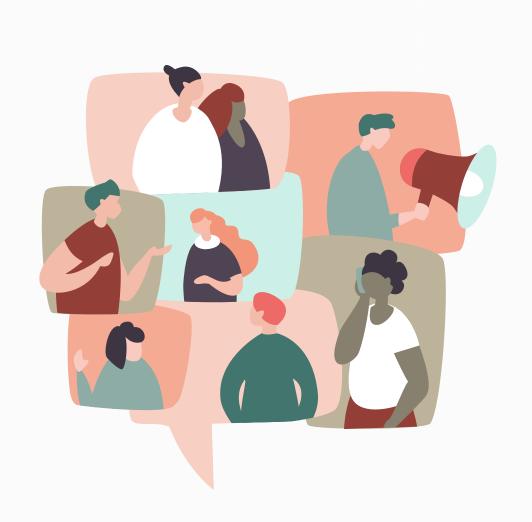
# CRPC 8.4.1 LAWYERS CAN'T DISCRIMINATE BASED ON PROTECTED CLASS.

b) In relation to a law firm's operations [or] . . . unlawfully discriminate or knowingly permit unlawful discrimination;



### ORGANIZATIONAL STEPS for Disrupting Biases

Source: Best Practices for Disrupting Biases CA State Bar



1

Review organizational policies and practices for equity and revise as necessary to ensure fairness and accountability.

2

Provide training and education about having difficult conversations with colleagues and peers, as well as with those who report to us.

3

Regularly offer implicit bias trainings to reinforce learning and update the trainings with current research. Give constructive feedback and help people develop substantive expertise and grow professionally



# It's good for business.



## THANK YOU

QUESTIONS?



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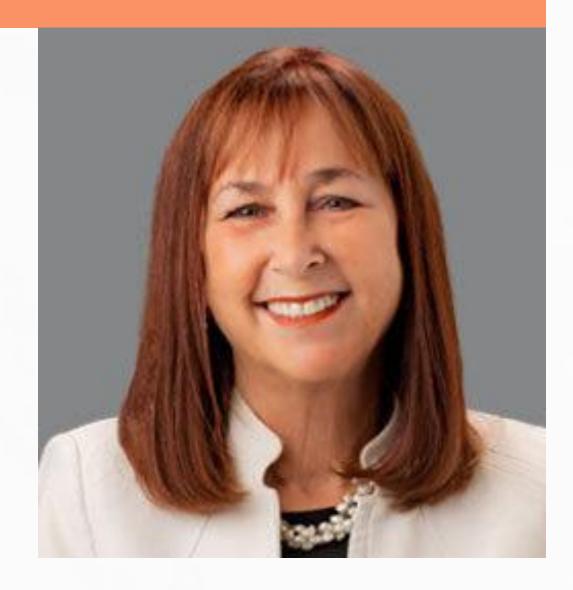
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## Unzueta v. Akopyan

42 CAL.APP.5TH 199 (2019)

